

Advisory Committee Meeting every 2nd Thursday at 10:00am  
 Food Committee Meeting every 1st Thursday at 10:00am  
 Safety Committee Meeting every 3rd Monday at 1:00pm  
 Social Activity Committee Meeting every 2nd Monday at 2:30pm



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> 9:00am Health Club 10:00am Exercise Video 11:00am Chair Yoga <b>11:00am Social Sign Up - 2nd Floor Lobby</b>  <b>1:00pm Movie - The Notebook</b>  5:15pm Friday Shabbat Services	<b>2</b> 2:00pm Bingo with Wanda  7:00pm Arrange a Game in the Oakwood Room 7:00pm Dominos 6th Floor Lobby.
<b>3</b> Attend the Church of Your Choice  <b>12-2pm Super Bowl Buffet</b>  <b>6:00pm Super Bowl Party Oakwood Room</b>	<b>4</b> 10:00am Exercise Video 10:30am Knitting Ladies 11:00am Tai Chi with Buckeye  <b>2:00pm Book Club - Oak. West</b>  7:00pm Bingo	<b>5</b> 10:00am Tunes with Tony 11:15am Zumba <b>11:30am Protestant Communion</b> 1:00pm Health Club 1:00pm Bingo 2:30pm Catholic Communion <b>4-5pm Wine &amp; Cheese in the Lincoln Lounge</b> 7:00pm 5 Crown Cards	<b>6</b> 10:00am Exercise Video  <b>10:30am Depart for Buckhorn Tavern</b> <b>2:00pm Bridge</b> <b>2:00pm Movie - Calendar Girls</b> 6:30pm Euchre Oakwood West 6:45pm Wii Oakwood East	<b>7</b> 10:00am Arthritis Exercise 11:00am Forget Me Not Memory  <b>2:00pm Birthday Party with The Merri Moores</b>	<b>8</b> 9:00am Health Club 10:00am Exercise Video 11:00am Chair Yoga  <b>1:00pm Movie - Message in a Bottle</b> 5:15pm Friday Shabbat Services	<b>9</b> 2:00pm Bingo with Wanda  7:00pm Arrange a Game in the Oakwood Room 7:00pm Dominos 6th Floor Lobby
<b>10</b> Attend the Church of Your Choice  6:45pm Wii Games in Oakwood East	<b>11</b> 10:00am Exercise Video 10:30am Knitting Ladies 11:00am Tai Chi w/ Buckeye 1:00pm Poker 5th Floor Lobby <b>2:00pm Furry Friend to Visit</b>  7:00pm Bingo	<b>12</b> 9:00am Health Club 10:00am Tunes with Tony 11:15am Zumba 1:00pm Bingo 1:00pm Health Club 2:30pm Catholic Communion 7:00pm 5 Crown Cards	<b>13</b> 10:00am Exercise Video <b>1:00pm Depart for Casino</b> <b>1-3pm Andy Valdez Demos</b> <b>Health Club Equipment</b> <b>2:00pm Bridge</b> <b>2:00pm Movie - Gotta Dance</b> <b>6:30pm Euchre Oakwood West</b> 6:45pm Wii Oakwood East	<b>14</b> 9:30-10:30 Alterations Lady Oak. W. 10:00am Arthritis Exercise 11:00am Forget Me Not Memory 12:00pm Podiatrist in Oakwood E. 1:00pm Bible Study Oak. W. <b>2:30pm- Valentine Surprise in Oakwood West</b> <b>3:30pm Oakwood West Discussion Group</b> <b>6:30pm</b>	<b>15</b> 9:00am Health Club 10:00am Exercise Video 11:00am Chair Yoga <b>1:00pm Movie - Nights in Rodanthe</b>  5:15pm Friday Shabbat Services	<b>16</b> 2:00pm Bingo with Wanda <b>3:30pm Sing Along in The Wright Spot</b> 7:00pm Arrange a Game in Oak. Room West 7:00pm Dominos 6th Floor Lobby
<b>17</b> Attend the Church of Your Choice  <b>1:00pm Depart for WSU Theatre</b> 6:45pm Bowling, Golf & Tennis Wii Games in Oakwood East	<b>18</b> 10:00am Exercise Video 10:30am Knitting Ladies 11:00am Tai Chi with Buckeye  <b>2:00pm Resident Meeting</b>  7:00pm Bingo	<b>19</b> 9:00am Health Club 10:00am Tunes with Tony 11:15am Zumba 1:00pm Bingo 1:00pm Health Club 2:30pm Catholic Communion <b>3:30pm Men's Happy Hour</b> 7:00pm 5 Crown Cards	<b>20</b> 10:00am Exercise Video  <b>10:40am Depart Fun for Lunch</b> <b>Coco's</b> <b>2:00pm Bridge</b> <b>2:00pm Movie - Cocoon</b>  6:30pm Euchre Oakwood West 6:45pm Wii Oakwood East	<b>21</b> <b>9:30am Acute Hearing in Oakwood West</b> 10:00am Arthritis Exercise 11:00am Forget Me Not Memory <b>4pm-5pm Wine &amp; Cheese in Lincoln Lounge</b>  5:15pm Shabbat	<b>22</b> 9:00am Health Club 10:00am Exercise Video 11:00am Chair Yoga <b>1:00pm First Sinclair Class</b>  <b>4:30pm Luau at Dinner</b> 5:15pm Friday Shabbat Services	<b>23</b> 2:00pm Bingo with Wanda 7:00pm Arrange a Game in the in the Oakwood Room 7:00pm Dominos in Oakwood W.
<b>24</b> Attend the Church of Your Choice  6:45pm Wii Games in Oakwood East	<b>25</b> 10:00am Exercise Video 10:00am Knitting Ladies 11:00am Tai Chi with Buckeye 1:00pm Poker 5th Floor Lobby  7:00pm Bingo	<b>26</b> 9:00am Health Club 10:00am Tunes with Tony  11:15am Zumba 1:00pm Bingo 1:00pm Health Club 2:30pm Catholic Mass 7:00pm 5 Crowns Cards	<b>27</b> 10:00am Exersice Video  <b>10:45am Depart Fun for Lunch</b> <b>Palermo's</b> <b>2:00pm Bridge</b> <b>2:00pm Movie - Mrs. Palfrey at the Claremont</b> 6:45pm Wii Oakwood East	<b>28</b> 9:30am- Alterations Lady in Oakwood West 10:30am 10:00am Arthritis Exercise 11:00am Forget Me Not Memory  <b>1:00pm Bible Study Oak. W</b>  <b>2:30pm Crafts</b> <b>6:30pm Discussion Group</b>		

**Beauty Shop**  
 Tuesday - Saturday  
 Opens at 9:00am

**Heartland Apothecary**  
 Monday-Friday  
 11am-4pm

**Nurse in Wellness Center**  
 Monday - Friday  
 10:00 am - 12:00 pm

**Bistro**  
 Mon thru Fri 1pm-4pm  
 Sat & Sun 12pm-4pm

**Business Office Hours**  
 Monday-Friday  
 9 am - 12:00Noon  
 2:30PM-5PM